



2021
February Newsletter

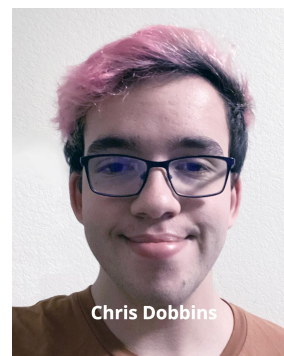


From left to right Senior-to-Senior project students: Emily Arnautović, Emma Chally, Chris Dobbins, Beth Solomon and Aviva Spector

Rio student launches Senior-to-Senior project

Chris Dobbins, a 18-year-old senior at Rio Americano High School, has an idea. He has launched a project called [Senior to Senior](#) through which he and some of his Rio classmates are making themselves available to serve older residents of the Wilhaggin and Del Dayo areas.

His project, which is being organized through Rio's CIVITAS program, is meant to be sustainable and “will provide high school students with a volunteer opportunity to help residents in our neighborhood feel safe and comfortable in their homes.”



He and his fellow students will volunteer to help neighborhood seniors with such things as regular health and safety checks, light yard work, providing help when youthful arms or backs might be of assistance, joining them for walks or simply staying in touch with them regularly on the phone.

Dobbins' goal, he said, is to help keep local senior citizens safe and foster communication between the young and old in our neighborhood.

Dobbins' [Senior-to-Senior](#) project represents the culmination of his CIVITAS work, which began when he first signed up for the program as a student in the eighth grade.

According to the Rio Americano High School website, the CIVITAS project is meant “to prepare students to be active, responsible and knowledgeable citizens who are prepared to accept their role as civic-minded adults.”

In addition to completing the district's graduation requirements, CIVITAS students

complete a minimum of six semesters of specialized courses, including political studies, state and local government, international relations, speech, philosophy of political thought and a senior project.

Each student is also required to contribute a minimum of 100 hours of volunteer service in the greater Sacramento area and to complete some sort of summer internship to get “real life” experience.

Dobbins, whose career goal is to become a nurse, said the recruitment process begins when Rio’s CIVITAS students visit local middle schools to recruit eighth graders preparing to enter high school. Dobbins, himself, was recruited that way. “I was interviewed by a panel of students and had to write a paper before I was accepted.”

CIVITAS students are overseen by a teacher, who reviews their work and tracks their progress. Dobbins said his CIVITAS teacher is Nina Seibel.

Dobbins said he has already recruited a number of students to take part in his Senior-to-Senior program.

“They are all really excited to help and not just because it’s an opportunity to fulfill their CIVITAS requirements, but because they really want to get out in the community and help people.”

Dobbins said he is eager to hear from any older WDDNA members who may be interested in taking part in his project. To get in touch, send an email message to senior2seniorproject@gmail.com.



Citizen's Academy goes virtual

[Sacramento County Citizens Academy](#), an annual program designed to inform private citizens about our criminal justice system, will be held virtually via Zoom this year.

The announcement came from Sacramento County District Attorney’s Office, Sacramento Police Department, Sacramento County Sheriff’s Office and Sacramento County Probation Department.

The 2020 Academy was cancelled due to the COVID-19 pandemic. To ensure that it could be held safely this year, county officials opted to hold it online.

According to the District Attorney’s Office, the academy was created to improve communication, foster a better understanding and develop relationships between members of the criminal justice system and local citizens.

The program provides an overview of the criminal justice system (law enforcement roles, responsibilities and challenges) and engages citizens from all backgrounds in discussion and learning about criminal justice issues. Organizers said the program will include a panel discussion on sensitive current events and “outside the box” approaches to the

justice system.

Representatives from the District Attorney's Office, Probation Department, Public Defender's Office, law enforcement, the judiciary and community organizations will provide information and answer questions.

The free 10-week course will be held via Zoom from 6 to 8 p.m. every Tuesday from April 6 to June 8. The deadline to apply is March 12.

[CLICK HERE](#) to download a brochure and class outline for the program.

To apply, go to <https://www.sacda.org/in-the-community/citizens-academy/> and download the application form. For information, contact Chasity Barlow, at (916) 874.5251, or email BarlowC@sacda.org.

Empty home security checks

One of the most popular benefits of membership in WDDNA is the "vacation watch" program, through which members can schedule regular security checks of their homes while they are away on vacation.

However, these checks are not limited to vacation monitoring. If you are a WDDNA member and your home is being remodeled, has been damaged by fire or is, for some other reason, standing unoccupied, you can request the same type of checks by our patrol deputies.

Simply log in to our website, click on the vacation watch button or its counterpart in the "members only" menu and fill out the online form. Be sure to explain the situation and include information about any contractors who may be working on the building, plus contact information for you and/or a neighbor or friend, in case the deputy finds a problem.

Time to create a home inventory

Experts suggest that the beginning of the New Year is a good time to create or update your inventory. Creating an inventory ensures that you have sufficient coverage and assists you in filing a claim if you suffer a loss.

There are a number of software packages and smart phone apps on the market that you can purchase to help you organize your list. Before you buy, however, be sure to check their online user reviews. Forbes recently published a summary of things to include in a good home inventory and included a list of popular home inventory apps. [CLICK HERE](#) to go to the Forbes story.

The California Department of Insurance has information about creating a home inventory. [CLICK HERE](#) to view it.

The website also provides an excellent 40-page home inventory guide booklet that you can download for free [HERE](#). The booklet comes complete with a page on which to record your insurance policy information, room-by-room grids and suggested information you should include.



You also can order this document in booklet form from the Department of Insurance. The consumer education and outreach phone number is 1-877-401-9550. Ask for a copy of Form 408 / Home Inventory Guide. Or write to Consumer Education and Outreach Bureau, 300 South Spring St., South Tower, Los Angeles, CA 90013.

AARP and The Hartford Insurance offer home inventory tips. [CLICK HERE](#) to see them.

The Insurance Information Institute (III) offers tips for creating your inventory on its website at <https://www.iii.org/article/how-create-home-inventory> .

COVID-19 vaccine scams

With every passing day, the news on COVID-19 vaccine distribution seems to change. One reason is that distribution varies by state and county. Scammers are taking advantage of this confusion.

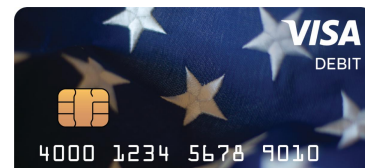
Following are some tips from the Federal Trade Commission to help you avoid a vaccine-related scam:

- Check the Sacramento County Public Health Department at <https://www.saccounty.net/COVID-19/Pages/CoronavirusVaccine.aspx> to learn how to get the COVID-19 vaccine and register for it. You can also talk with your health care provider.
- Don't pay to sign up for the vaccine. Anyone who asks for a payment to put you on a list, make an appointment for you, or reserve a spot in line is a scammer.
- Ignore sales ads for the COVID-19 vaccine. You can't buy it anywhere. The vaccine is only available at federal- and state-approved locations.
- Watch for unexpected or unusual texts. If your healthcare provider or pharmacist has used text messages to contact you in the past, you might get a text from them about the vaccine. If you get a text, call your healthcare provider or pharmacist directly to make sure they sent the text. Don't click on links in text messages – especially messages you didn't expect.
- Don't open emails, attachments or links from people you don't know or that come unexpectedly. You could download dangerous malware onto your computer or phone.
- Don't share your personal, financial or health information with people you don't know. No one from a vaccine distribution site, health care provider's office, pharmacy or healthcare payer (such as a private insurance company or Medicare) will call, text or email you asking for your Social Security, credit card or bank account number to sign you up to get the vaccine.

If you know about a COVID-19 vaccine scam, contact the California Attorney General's office at <https://oag.ca.gov/consumers/covid-19>.

What to know about the second round of Economic Impact Payments

The US Department of the Treasury and the IRS are working to get a second round of Economic Impact Payments (EIP) to people.



You might have already received your payment direct deposited into your bank account. That started on Dec. 29. You might have received a check in the mail. But, like last time, some people will get their payment in the mail on an EIP VISA debit card.



Don't be surprised if you get this second round of payments in a different form than the first time. If you qualify for an Economic Impact Payment, look at your bank account for a direct deposit, keep an eye out for a check in the mail, or watch your mailbox carefully this month for an EIP Visa debit card.

For additional information and images about what the payment may look like, [CLICK HERE](#) to go to the [Federal Trade Commission website](#).

Park Ranger information

The Sacramento County [Regional Parks Rangers](#) are the law enforcement division of our regional park system. They are of particular interest to those of us who live along the American River Parkway because they deal with any crimes or criminal offenders in the parkway area.

Through the county's Ranger Stewardship Program, rangers are assigned to specific areas so that they become familiar with problems that may exist there and so that they can connect with stakeholders, like our neighborhood association.

[CLICK HERE](#) to view a map showing which rangers are assigned to our area: the area between Campus Commons and William B. Pond park.

For more information about Park Rangers, [CLICK HERE](#).

Member Q&A - How to contact WDDNA deputies

Q: Is there a way I can call our on-duty deputy to alert them to an issue?

A: First and foremost, if you are witnessing a crime in progress or if you believe you may be in personal danger, do not hesitate. Call 911 IMMEDIATELY.

Beyond that, because we have a different deputy every shift and they come from multiple patrol districts, it would be very difficult for us to hand off a single cell phone to a different deputy every shift. In addition, because we do not have shifts 24/7, messages left on a cell phone between shifts would not be heard until the next shift came on duty – often many hours later.

That is why we urge our members who wish to report non-emergency security issues do so by contacting the Sheriff's Department non-emergency line at (916) 874-5115. When you do, if we have a deputy on duty, the dispatcher will alert him or her for a prompt response. If we do not have a patrol on the street, the call will be relayed to a regular Sheriff's patrol for possible response, depending on availability.

Another option, if you wish to simply inform our WDDNA deputy of an issue to be aware of, you can send an email to wilhaggin4@sacsheriff.com. If we have someone on duty when you send it, they will respond as soon as possible. If not, the next deputy to come on

duty will respond.

HOW TO CALL FOR HELP

IN AN EMERGENCY

If you have an immediate emergency - if your life or property is in immediate danger, if you feel threatened by someone on or near your property, if you have just become the victim of a crime or if you are witnessing a crime in progress:

CALL 911 from a land line.

Or, if calling from a cell phone within Sacramento County, call
(916) 874-5111.

TO REPORT A CRIME

There are two ways to report a crime to the Sacramento County Sheriff's Department:

1. Call the Sheriff's Department NON-EMERGENCY LINE at (916) 874-5115. To bypass the recorded messaging when you call, dial 0 after the line is answered.
2. File a report online through the Sheriff's Department website. Click on this link to begin the process: <https://www.sacsheriff.com/Pages/Services/ReportCrime.aspx>

SUSPICIOUS ACTIVITY

(Not an emergency)

If you see someone engaged in suspicious activity but it is not an emergency, call 916-874-5115 (Sheriff's Department non-emergency line).

GENERAL CONCERNS, REPORTS OR QUESTIONS

If you have an issue that can be addressed later, you may contact our neighborhood patrol officers about it. The best way is via [EMAIL](mailto:wilhaggin4@sacsheriff.com) at wilhaggin4@sacsheriff.com

Email: wilhaggindeldayona@gmail.com

Website: www.Wilhagginna.com

Wilhaggin Del Dayo Neighborhood Association | P.O. Box 2273, Carmichael, CA 95609

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